

# PILTON HOUSE TRUST Statement of Purpose



### INTRODUCTION

Pilton House Trust (PHT) owns and manages Pilton House Care Home for older people in Barnstaple, and is registered by the Care Quality Commission under the Health & Social Care Act 2008 (Regulations 2014) to carry out certain regulated activities.

Pilton House Trust is a registered charity (1154226) and company limited by guarantee (08582100).

This Statement of Purpose is set out as follows, and complies with the Care Quality Commission (Registration) Regulations 2009:

- The regulated activities we run, the services we provide and the type of people who use them
- Our aims and objectives
- Company details and legal status
- Details of trustees and the registered manager

This statement is therefore to meet this statutory requirement, but also to provide information to residents, their representatives, commissioners, healthcare colleagues and other stakeholders.

# **REGULATED ACTIVITIES**

Pilton House Trust is registered to carry on the following activity as defined within the Health & Social Care Act 2008 (Regulated Activities) Regulations 2014:

Accommodation for persons who require nursing or personal care.



#### **SERVICES WE PROVIDE**

This regulated activity takes place at Pilton House Care Home in one service as defined within the Health & Social Care Act:

Care home without nursing

#### **OUR RESIDENTS**

We provide both residential (including respite) and day care services for older people, ie. those over 65 – with or without dementia or mental health conditions. People who use our service do so because they have a need, usually associated with the ageing process:

- A social need for accommodation, practical support, security or integration
- A physical need for help with day to day living, mobility or personal care
- An emotional or spiritual need for support, friendship and fulfillment

Some people using our service additionally have needs associated with:

- Physical disability
- Sensory impairment

#### **AIMS & OBJECTIVES**

Our principle mission is to enable the residents in our care to maintain a high quality of life through:

- Compassion
- Activity
- Respect
- Encouragement

We aim to care for the whole person, meeting their physical, mental, emotional and spiritual needs.

We actively encourage the involvement of family and friends in helping our residents to attain their goals.

# ACCOMMODATION FOR PERSONS WHO REQUIRE PERSONAL CARE

Pilton House Trust provides accommodation with personal care.

# **Overall Objectives**

- Full board and lodging with 24 hour personal care
- A private bedroom (most with en-suite toilet facilities). Rooms can be furnished by the resident and their families if desired.
- Full access to attractively and suitably furnished communal areas and gardens.
- The home environment will meet all standards laid down in the Health & Social Care Act 2008.
- An individually tailored care package, based upon assessed need and an ongoing written care plan.



- Appropriately recruited, qualified and competent staff in sufficient numbers to meet the needs of the residents
- Housekeeping services which provide a safe, clean environment including personal domestic and laundry services
- A catering service offering high quality, nutritionally balanced meals and facilities for snacks and refreshments 24 hours a day
- Activities co-ordinators to deliver a programme of events and individual social care to match residents wishes and interests
- To maintain contact with, and welcome to the Home, relatives and friends and members of the local community at any time of day or night as our residents wish
- To provide clear information about our services and fees and charges we make, and to provide value for money
- Services open to everyone assessed as needing them, regardless of their cultural background, faith, gender, disability or financial circumstances.



#### **Specific Service Aims**

# **ASSESSMENT & ADMISSION CRITERIA**

Pilton House Care Home is open to anyone who is assessed as needing the service and who wants to move into the Home. The person is likely to need help and support with aspects of daily life, and may be unable to support themselves within their own home. They may need assistance with some, or all, of the following activities: washing; going to the toilet; dressing; eating; walking; personal hygiene; memory loss.

#### **CARE PLANNING**

Each person living at Pilton House Care Home will receive the best quality personal care we can provide. It will conform to a care plan which is written and regularly reviewed with the resident and any family, friends or representatives they wish to involve. The care plan will contain all the necessary information to enable staff to understand the individual's healthcare needs, and their personal wishes and lifestyle choices, and to deliver care which is effective and dignified.

#### **SPECIALIST DEMENTIA CARE**

Our dementia care sees the person, not just the dementia and recognizes each resident as a unique individual. We aim to provide personal comfort, safety and fulfillment with the minimum of restriction. By getting to know the person and their life experience, we aim to find the meaning behind behaviour and therefore reduce frustration and promote wellbeing.

# HIGH QUALITY END OF LIFE CARE



We aim to provide a true home for all of our residents and we understand that for some people it is important to remain in their home when they are approaching the end of their life. Through our training and development with the support of the North Devon Hospice, we are proud to offer personalised care that meets our residents and their loved ones needs, wishes and preferences during this difficult time.

#### SAFEGUARDING OF VULNERABLE ADULTS

We have a policy in place and all staff are fully trained to recognise, and report, any signs of abuse. The policy is reviewed and updated on an annual basis.

## THE MANAGEMENT TEAM

ROXANNE JENNER-ASH — Registered Manager Roxanne has 16 years experience in the health and social care sector in a range of settings. Roxanne is the lead for complex and palliative care.

MICHAEL ASH - Deputy Manager

#### **CHARITY GOVERNANCE**

Pilton House Trust has a Board of Director's, who as volunteers support with the management of the Home. The Director's meet each month and are able to provide strategic assistance and governance to ensure that the charity operates effectively.

#### **OUR TEAM**

Our Care team consists of Support Workers (most of whom have level 2 Health & Social Care) and Team Leaders who are either trained to level 3 Health & Social Care (or equivalent) or are working towards this. In addition we have Activities Co-ordinator's as well as Housekeeping and Catering teams.

# **OUR ACCOMMODATION**

Pilton House offers accommodation for 28 residents in 26 single rooms and 1 double/shared room available to those moving to the home with a family member or friend. Most have en suite facilities. Specialist equipment is available, such as hospital beds, hoists etc, to help with aspects of mobility and moving and handling where necessary. Residents are encouraged, however, to furnish and decorate their rooms to their own taste. When not spending time in their bedroom, residents are able to take advantage of our communal lounges, reception hall, dining room and gardens. We also have a hairdressing salon available for hair and beauty and a treatment room for meetings with doctors or district nurses.





#### **KEEPING ACTIVE**

As well as our team of Care Staff, all of whom are keyworkers to individual residents, we have dedicated Activities Co-ordinator's who are able to arrange a variety of group activities to meet our residents' needs.

Activities include: Drawing & Painting

**Knitting & Sewing** 

Crafts

Cooking & Food related sessions

Quizzes Puzzles

Exercise Sessions
Musical Activities

**Jigsaws** 

Reminiscence

Outings

Home making activities such as table laying, laundry etc

Cinema afternoons

As well as activities arranged in-house we also have a number of visiting activities which include visiting musicians (guitar, keyboard, handbell ringers, singing groups), Pets as Therapy (Pat dog), a mobile clothes shop, and the occasional travelling show.

## **RESPITE/SHORT TERM CARE**

We offer short stay care to those who wish to either trial the service or have a specific need for a short term break. All services offered to permanent residents are offered to those who stay with us for a few days or weeks.

# **CONTACT**

The Managers can be contacted via telephone: 01271 342188, email: <a href="manager@piltonhouse.co.uk">manager@piltonhouse.co.uk</a>, <a href="manager@piltonhouse.co.uk">deputy@piltonhouse.co.uk</a> or post: Pilton House Trust, Pilton Street, Barnstaple, Devon, EX31 1PQ